



 *michele* MOLITOR

- Executive Coach
- Hypnotherapist
- International Speaker
- Best-Selling Author

### **Shared Client Values:**

- Growth Mindset
- Goal Oriented
- Servant Leaders
- Accountable
- Committed To Growth
- Ready For Positive Change

### **Connect:**



[MICHELEMOLITOR.COM](http://MICHELEMOLITOR.COM)



510-731-8725



[MICHELE@NECTARCONSULTING.COM](mailto:MICHELE@NECTARCONSULTING.COM)



[IN/MICHELEMOLITOR](https://www.linkedin.com/in/michelemolitor)



[REWIRE FOR SUCCESS](https://www.facebook.com/rewireforsuccess)

“WHEN YOU CHANGE THE WAY  
YOU LOOK AT THINGS,  
THE THINGS YOU LOOK AT CHANGE.”

DR. WAYNE DYER

I work with established career professionals who are experiencing an unfamiliar crisis, causing them great anxiety and eroding their confidence and peace of mind.

I assist them to reduce their overwhelm and anxiety to reclaim their confidence, calm and clarity.

Take off the fear blinders impeding your view of what's possible, and make the sound decisions you need to move your career, team, or business forward in a healthy way.

My Rapid Rewiring™ is a unique, inside-out approach that guides you on how to master your mindset, and put the necessary goals, strategies, and habits into place to amplify your success, well-being and peace of mind.

### **Specialty Areas Include...**



**Overwhelm & Anxiety**



**Toxic Work Environments**



**Corporate PTSD**



**Burnout & Overgiving**



**Perfectionism & Procrastination**



**Stress Related Health Challenges**



**Loss of Confidence & Self-Doubt**



**Imposter Syndrome**

“REWIRE YOUR BRAIN.  
THINK NEW THOUGHTS.  
YOUR LIFE WILL FOLLOW.”

MICHELE MOLITOR



**Michele Molitor is a positive force for integrative well-being.** Leveraging her expertise as an executive coach, clinical hypnotherapist, best-selling author, and speaker for over 2 decades, she helps high performance professionals amplify their well-being and leadership. Her practical strategies focus on overcoming the often-hidden effects of anxiety, self-doubt, and workplace stress, which negatively impact our lives both personally and professionally. Giving clients actionable tools to enrich their communication and leadership skills.

Through her one-on-one sessions, group programs, and team masterclasses, Michele employs her innovative Rapid Rewiring™ approach which effectively combines the science of positive psychology, cognitive behavioral therapy, and neuroscience with the healing powers of somatic and mindfulness practices to create tangible, lasting change in her clients' lives.

Her vision is to help create thriving leaders and team cultures where dignity and emotional well-being are cultivated through greater acceptance, belonging, and connection.

## PROGRAMS OFFERED

### RAPID REWIRING™

- 1-1 Personal & Professional Transformation
- 1-1 Business & Career Coaching

### GROUP TRAINING PROGRAMS

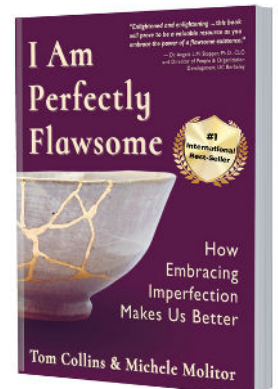
- 90-Day Mindset Bootcamp - How To Become UnShakeable
- Peer Support Group for Women - Reclaiming Your True Self
- Business Team Development - Communicating With Dignity

### KEYNOTE SPEAKER & GUEST EXPERT TOPICS

- The Power Of Your Perspective
- Overcoming Imposter Syndrome
- The Gifts of Imperfection

### IDEAL CLIENTS & REFERRAL PARTNERS

- Business Owners & Executives
- High Performance Professionals
- Coaches & Creatives
- Divorce Attorneys
- Real Estate Professionals
- Financial Advisors



**#1 International  
Best Seller**

### RESULTS ACHIEVED:

- Decreased Stress & Anxiety
- Improved Health, Well-being & Mindfulness
- Increased Revenue Growth
- Successful Career Transitions
- Increased Clarity & Purpose
- Greater Joy & Satisfaction
- Enhanced Relationships
- Expanded Emotional Intelligence
- Enriched Leadership & Communications
- Increased Motivation & Productivity
- Improved Collaboration

**Someday Starts Now.  
Unlock the Power of You.**

 *michele* MOLITOR