



**Michele Molitor is a force for positive change** in today's challenging corporate landscape. As a master coach, clinical hypnotherapist, speaker, and author, she has dedicated her career to helping others activate transformational change in their lives, both personally and professionally.

As CEO of Nectar Consulting, Inc., Michele's expertise focuses on empowering professionals to overcome anxiety, self-doubt, and the stress that often saturates modern work environments. Her approach is practical: to bring dignity into our communications that foster emotional well-being through genuine acceptance, belonging, and meaningful connection – with ourselves and others.

Her unique Rapid Rewiring<sup>™</sup> approach effectively combines the science of positive psychology and neuroscience with the healing powers of somatic and mindfulness practices. The results? Tangible improvements that make a real, lasting difference in people's lives.

Michele's expertise is backed by decades of training and credentials. She's a Certified Professional Co-Active Coach (CPCC), and Professional Certified Coach (PCC). She is also a Certified Clinical Hypnotherapist (CCHT) with specializations in Rapid Transformational Therapy® and HeartHealing®, and a Usui Holy Fire Reiki Master. Michele also holds a Bachelor of Science in Advertising and Psychology from the University of Florida, a degree in Graphic Design from the Art Institute, as well as studies in French linguistics at La Sorbonne, Paris France. She is also a Dignify® Certified Partner.

Beyond her practice, Michele is a sought-after speaker, guest expert, and writer. Her discussions on overcoming imposter syndrome, tackling perfectionism, and preventing burnout are deeply relatable topics today. She's not just talking at you; she's talking with you, bringing dignity back into how we communicate with each other. Her practical wisdom is also captured in her latest international best-selling book co-authored with Tom Collins, "I Am Perfectly Flawsome – How Embracing Imperfection Makes Us Better," and companion "I Am Perfectly Flawsome Journal."

Michele's insights have graced multiple media outlets and conferences, offering actionable advice for personal and professional growth. You can find more of her published writing at Brainz Magazine, YourTango, Medium, Substack, MSN, Flipboard, SelfGrowth, and Lifehack. She has delivered keynote talks and presentations at various leadership conferences nationwide such as the University of California Berkley Women's Initiative Conference, IEEE Leadership Conference for Women, SHRM Leadership Development Forum, NCCEP, and SSATB.