

Michele Molitor

CPCC, PCC, RTT, CHt

Michele Molitor is a trailblazer in personal transformation.

As a master coach, hypnotherapist, speaker, and author, she brings a wealth of experience to activate positive change in response to the pervasive mental health crisis we face today.

Her mission as CEO of Nectar Consulting, Inc., is to empower busy professionals to conquer anxiety, self-doubt, and toxic stress, paving the way for fulfilling lives and careers.

Affectionately dubbed "The Mind Detective" by her clients, Michele's innovative healing approach uniquely blends positive psychology, neuroscience, somatic, and mindfulness practices for profound holistic results.

She is a thought-provoking guest expert, speaker, and writer on the topics of imposter syndrome, burnout, and the value of bringing dignity back into the workplace. And is co-author of the best-selling book: "Breakthrough Healing."

Michele's vision is to help create thriving work cultures where dignity and emotional well-being are cultivated through acceptance, belonging, and connection.

Nectar Consulting Inc. is a Certified B Corporation.



Popular Keynote & Workshop Topics:

- "Overcoming Imposter Syndrome"
- "How To Become UnShakeable"
- "Leadership Reimagined"
- "The Power of Your Perspective"

Potential Interview Topics:

- On Being Enough
- What's Your Self-Doubt Archetype™?
- Bringing Dignity into the Workplace
- The Neuroscience of Success
- What Is Rapid Rewiring™?



Connect With Michele



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Speaker | Author | Executive Coach | Hypnotherapist

What People Are Saying!

"Funny"

"Thought Provoking"

"Real"

"Michele is a very energetic and passionate presenter!
It was wonderful! Her ability to capture every-one's attention
in a believable, honest way – No 'smoke & mirrors,' made the
program really valuable and engaging. Great Job!"
~ Bernida Reagan, Merriwether & Williams Insurance Services

"She has a great presentation style and made everyone feel
comfortable, fostering rich and reflective conversations!"
~ Tyler Svanson, YEAR UP

Michele is a gifted, enthusiastic and knowledgeable speaker!
Her presentations are timely and energizing leading to a fully
engaged audience - not an easy feat!
Highly recommended!!!
~Pattie Vargas, The Vargas Group

"Energetic & Passionate"

"Approachable"

"Engaging & Interesting"

Contact Michele today to
learn more about her
unique Rapid Rewiring™
approach to helping busy
professionals find greater
calm, clarity and
confidence.

510.731.8725

michele@nectarconsulting.com

www.michelemolitor.com



Past Clients Include:

- NASA
- SHRM Leadership Forum
- San Francisco International Airport
- IEEE Women In Engineering International Leadership Conference
- Secondary School Assessment Test Board National Conference (SSATB)
- National Council for Community and Education Partnerships National Conference (NCCEP)
- South Bay Women's Conference
- Women in Higher Education Leadership Summit, University of San Diego

